#### PERSONAL CLOTHING

- $\Box$ Jeans, tops for each day
- □ Pajamas as needed
- $\hfill\square$  Inner wear for each day
- □ Light jacket
- □ Socks
- 🗆 Cap
- PERSONAL ACCESSORIES
- □ Toothbrush
- □ Makeup
- □ Hair brush/comb
- □ Chapstick
- □ Slippers(flipflops)
- □ Extra shoes/sandals (if needed)
- $\Box$  Travel pillow, eye mask

- □ Swimsuit
- □ Winter jacket (if needed)
- $\Box$  Winter cap (if needed)
- $\Box$  Winter gloves (if needed)
- 🗆 Belt

- Wrist watch
- □ Feminine hygiene
- □ Shaving supplies
- □ Glasses/contact lenses
- □ Sun glasses
- Deodorant

## FAMILY NEEDS

- □ Toothpaste
- $\Box$  Sunscreen
- □ Moisturizer
- $\Box$  Wet wipes
- $\Box$  Hand sanitizer
- □ Insect repellent
- □ Mouth fresheners (tic tac etc)
- □ Tea premix sachets

- □ Umbrellas (if needed)
- □ Scissors (check in)
- $\Box$  Nail cutter (check in)
- $\Box$  Rubber bands
- Safety pins
- $\Box$  Pen and notepad
- □ Torch

## **IMPORTANT DOCUMENTS**

- E-tickets
- □ Passports
- □ Copy of evisas (if not stamped)
- □ Invitation letter (if needed)
- □ Important contacts phone number
- $\hfill\square$  Document with list of all hotel bookings
- $\hfill\square$  Prescription for medicines carried

- $\Box$  Travel insurance papers
- □ Frequent flyer card/number
- □ Driving license
- □ International driving permit (if needed)
- □ Forex
- $\hfill\square$  International credit cards

#### ELECTRONICS

- $\Box$  Cell phone
- $\hfill\square$  Cell phone charger
- $\hfill\square$  Camera and lenses
- □ Camera battery charger
- □ Extra SD cards
- □ Tripod

- $\Box$  Selfie stick
- □ Travel adapter
- Power bank
- $\Box$  Noise cancelling headphones
- $\Box$  Laptop (if needed)
- □ Laptop charger (if needed)

### MEDICINES

Please note, certain medicines are not allowed in certain countries, especially without prescriptions. Please check the respective immigration website to confirm the medicines you carry are not banned.

- $\Box$  Personal medication if any
- □ Pain killers (Advil, Combiflam etc)
- □ Fever reducers (Panadol, Crocin etc)
- □ Probiotics (enterogermina, vibac etc)
- □ Antidiarrheals (lomotil etc)
- □ Vicks vaporub

□ Otrivin

 $\Box$  Homeopathy medicines (as needed)

□ Lozenges (halls, strepsils etc)

□ Anti-inflammatory gels (Fastum gel, volini etc)

□ Cold and allergy medicines (Claritin, zyrtec etc)

# $\Box$ ORS

#### **ADDITIONAL ITEMS**

Use the area below to write additional items not listed here

